HEALTH CARE SERVICES FOR INDIANA COUNTY RESIDENTS

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724-349-0500 Ext. 3 or TDD: 724-465-3805 or <u>mpounds@indianacountypa.gov</u>

www.humanservices-countyofindiana.org ** all area codes are 724 unless otherwise noted

Human Services Information and Resources Dial 2-1-1 or go to www.pa211sw.org

Effective
July 2024

accessABILITIES, INC.

PH: 832-8272 www.accessabilities.org

* In-home services available to all aged citizens with all types of disabilities: personal care assistance, physical, occupational, speech, vision and hearing therapies, educational services, a homemaker service, assistance with home modification and community education, family respite and support, information/referral, advocacy, and access to assistive technology

ADAGIO HEALTH www.adagiohealth.org

* Complete Gynecological Care: PH: 349-2022

birthcontrol, annual exams, STI (sexually transmitted infection) testing and treatment, colposcopies, cryosurgery and male exams

* Breast and Cervical Cancer Screening: PH: 349-2022

Clinical breast exams, Breast self exam education, mammograms and pap tests-may be provided free to those who qualify, or low cost (age 40+; under 40 as directed); male cancer screening exams

• Tobacco Prevention,:

<u>tfah@adagiohealth.org</u>; Virtual Classes; one hour per week for 8 weeks. Quitline- 1-800-Quitnow.

* WIC (Women, Infants, Children): PH: 1-866-942-2778; No cost-food vouchers, nutrition education & health care referrals for pregnant women and children under the age of 5.

AGING SERVICES, INC. PH: 349-4500 or 1-800-442-8016

www.agingservicesinc.com

♣ PA MEDI: Benefits counseling, caregiver support, home delivered meals, Ombudsman, personal care, protective services, Senior Centers-health & wellness.

ALICE PAUL HOUSE PH: 349-4444 or 1-800-435-7249

Trauma-Informed Legal, Medical and Advocacy available at no cost to clients. Education Prevention & Awareness programming.

<u>ALZHEIMERS ASSOCIATION, GREATER PA CHAPTER</u> PH: 1-800-272-3900 <u>www.alz.org</u>

★ 24/7 Telephone Helpline for people with memory loss, healthcare
professionals, and the public. Safe Return ID program, virtual education
programs, support groups, disease information

AMERICAN ASSOCIATION OF ORTHODONTISTS FOUNDATION

PH: 1-800-424-2841

www.aaoinfo.org/treatments/aaof-donated-treatements

DONATED ORTHODONTIC SERVICES – Gifted Smiles Program

Orthodontic care for low- income children 18 and under; must meet eligibility requirements; if eligible, a one- time coordination fee of \$200 must be received before the initial visit; info/app on-line

AMERICAN CANCER SOCIETY PH: 1-800-227-2345 (national)

- # Information resources, various cancer education services, support programs
- ₱ 24/7 hour cancer information or visit the website at www.cancer.org
- Road to Recovery provides rides to cancer patients going to and from their treatment: Free

AMERICAN DIABETES ASSOCIATION, Western PA www.diabetes.org PH: 1-800-342-2383 or 412-824-1181

Educational information, public speaking, public education programs, advocacy, and children's camp

AMERICAN HEART ASSOCIATION PH: 412-208-3550 www.heart.org

Informational brochures and professional and public education programs, CPR classes, grassroots advocacy program.

AMERICAN KIDNEY FUND PH: 1-866-300-2900 www.kidneyfund.org

* Financial aid for some medication, transportation, emergency fund for validated treatment and services, disaster relief for kidney patients, educational brochures

AMERICAN LUNG ASSOCIATION IN PA www.lung.org

PH: 1-800-LUNG-USA (586-4872) or 1-610-268-9790

 Asthma, tobacco, environmental and other lung health information and programs, children's asthma camp, smoking cessation; on-line support groups

AMERICAN PARKINSON'S DISEASE ASSOCIATION, PA Chapter

PH: 1-800-223-2732 www.apdaparkinson.org

* Educational information, referral to support programs, support phone line, public speaking, and referrals to movement disorder specialists

ARIN INTERMEDIATE UNIT 28/EARLY INTERVENTION SERVICES

PH: 463-5300. ext 1222

www.iu28.org

* Screening and services for children (3-5 years) with special needs

ARTHRITIS FOUNDATION

1-800-283-7800

PH: 1-814-534-6100

PH: 1-412-321-4422

www.arthritis.org

 Physician referral list, exercise services, information brochures, aquatic therapy, educational programs

ASSISTANCE OFFICE PH: 357-2900 or 1-800-742-0679

Medical coverage for Long Term Care, pregnant women, children, adults, aged, disabled, and families, medicare premium assistance

AUDIOLOGISTS PH: Consult Your Local Listings

* Children's hearing and speech screening

BREATHE PA PH: 724-772-1750

www.breathepa.org

Provides health resources to individuals with respiratory conditions

COMMUNITY RESOURCES FOR INDEPENDENCE, INC PH: 349-0201

Supports coordination and attendant care

CONEMAUGH REGIONAL HOSPICE

* In-home services for the terminally ill including medical, spiritual, psychological, and social services, and bereavement care.

CYSTIC FIBROSIS, W. PA CHAPTER

www.cff.org/chapters/western-pennsylvania

* Their Compass Program is a personalized service to help with the insurance, financial, legal, and other issues faced by anyone with cystic fibrosis, their family, and their care teams. Transplant support, living expenses, transportation and travel, funeral assistance and emotional wellness to those who qualify.

<u>DENTAL LIFELINE NETWORK</u> <u>www.dentallifeline.org</u> (contact Coordinator at 717-776-3262) or at <u>tshumaker@DentalLifeLine.org</u>; Applications on line

DONATED DENTAL SERVICES PH: 1-844-489-9446 (toll free)

Free or low cost dental care for senior citizens (over 65) and people with physical, medical, and/or mental disabilities, with a limited income; must meet eligibility requirements (not have access to any other dental plans or 3rd party reimbursements

DEPARTMENT OF HEALTH, PA (Indiana County) PH: 357-2995

State: www.health.state.pa.us

* HIV counseling and testing; STD Testing and education; Tuberculosis Clinic; all childhood immunizations; limited adult immunization; communicable diseases investigations; and lead investigations and education.

DRUG & ALCOHOL SERVICES / A-I-C Drug & Alcohol Commission

PH: 463-7860 www.aicdac.org

Screening, assessment, case coordination, recovery support and referral services for drug and alcohol addiction. Drug and Alcohol prevention and intervention services provided. Tobacco prevention and cessation programs available

EPILEPSY ASSOCIATION OF WESTERN/CENTRAL PA www.eawcp.org

PH: Pittsburgh 1-800-361-5885

Resource lending library, support, advocacy, seizure recognition, respite care and employment assistance.

EyeCare AMERICA (On-Line Referral Center)

www.aao.org/eyecare-america/read-more

* SENIORS PROGRAM

(previously listed as National Eye Care Project for Seniors)

Medical exam and 1 year of follow-up treatment (age 65+) for eye disease or other related conditions, must meet eligibility requirements; see requirements on-line. **GLAUCOMA PROGRAM** Provides a glaucoma eye exam at no cost to those who are

eligible & uninsured; see eligibility requirements on-line.

FAMILY HOSPICE: A Service of Concordia-IRMC VNA PH: 463-8711

Medical, spiritual, psychological, and social services for the terminally ill; bereavement and nursing services; in home respite; home health aides; medical social workers; volunteers provide respite and support

HEALTH INSURANCE FOR UNINSURED CHILDREN/PA CHIP

PH: 1-800-986-KIDS (5437) www.CHIPcoversPAKids.com

* CHIP: Free or affordable medical coverage for uninsured children (birth to age 19)

HOME HEALTH CARE SERVICES:

* Services may include: nursing, therapy, home health aides, nutrition counseling, maternal/pediatric care, IV Therapy, medical social services, mental health services, hospice, Tele-monitoring, etc.

Please contact each agency to find out specific services offered.

 ANEW HOME HEALTH AGENCY 465-9224 ASERA CARE HOSPICE 814-269-4172

 BAYADA PEDIATRICS/BAYADA Home Health Care 459-0000

***** CONCORDIA-IRMC VNA 463-6340 CONEMAUGH HOME HEALTH AGENCY 1-814-472-4521

● PENN HIGHLANDS <u>DUBOIS HOME HEALTH AND HOSPICE</u> SERVICES 1-800-841-9397 EXCELA HEALTH HOME CARE AND HOSPICE 689-1800 OR

1-800-427-1400 **● HELPMATES, INC.** 1-855-357-4122 HERITAGE HOME HEALTH AGENCY 465-0440

 HOME CARE ADVANTAGE 465-5863 MEDI HOME HEALTH AGENCY 349-9400

INDIGO / INDIANA COUNTY TRANSIT AUTHORITY

PH: 465-2140 or 1-800-442-6928 www.indigobus.com

- * Transportation (for a fee) to Allegheny County for medical appointments
- * Persons with Disabilities Program-Provides reduced fare shared ride service to persons with a disability, ages 18-64; call for eligibility requirements

INDIANA COUNTY VA OUTPATIENT CLINIC PH: 724-349-8900 Offers general medical care, including primary care, behavioral health, laboratory services, low vision and blind rehabilitation, preventive care, and more.

INDIANA REGIONAL MEDICAL CENTER:

* S&T Wellness Center, PH: 349-1952

A medically supervised fitness center.

★ Institute For Healthy Living PH: 357-8088

Provides programs that address healthy lifestyles, living with diseases such as heart disease, diabetes, arthritis, and cancer.

OB GYN Services PH: 888-452-4762

Gynecological care/prenatal and parenting counseling/adoption & nutrition services/STD testing & treatment/diabetes screening & care/maternal opiate medication support

IUP SPEECH, LANGUAGE AND HEARING CLINIC PH: 357-2451

Free speech, language, swallowing/feeding, cognition, and voice evaluations and therapy for adults & children; and hearing screenings; Licensed SPEAK OUT ® Therapy Program provider.

LEUKEMIA AND LYMPHOMA SOCIETY www.lls.org

PH: 1-800-955-4572 or 1-412-395-2873

Free Information and Referral for patients and families dealing with a blood cancer diagnosis. Literature, educational programs and patient financial aid.

LIFESTEPS PH: 1-800-225-2010 or 349-1122 www.lifesteps.net ● CHILD CHECK: free developmental screenings, birth to 5 and autism screenings 18 months to 5 years

* Family Care Mobile Library-see website for schedule

LUPUS FOUNDATION OF AMERICA, PA DELAWARE VALLEY CHAPTER

www.lupus.org/pdv/about-pdv-region PH: 215-517-5070 Web based platform; support, advocacy, and physician referral

MENTAL HEALTH /INTELLECTUAL/DEVELOPMENTAL DISABILITIES SERVICES Armstrong-Indiana Behavioral and Developmental Health Program

PH: 349-3350 or 548-3451; Crisis Line: 1-877-333-2470 Several providers offer services in the county. Call for your options.

MUSCULAR DYSTROPHY ASSOCIATION (MDA)

www.mda.org 1-800-572-1717

Resource Center: 1-833-275-6321

MDA Care Centers; summer camp (6-18 years); information and referral; research

MULITPLE SCLEROSIS SOCIETY, NATIONAL, PA Keystone Chapter

PH: 1-800-344-4867

www.nationalmssociety.org/pax; Sponsors self-help groups; information/referral; educational programs; and sponsors aquatic, equestrian, and respite care programs

MYASTHENIA GRAVIS ASSOCIATION OF WPA

www.mgawpa.org

* On-site Treatment Center; social service program; education /support/ outreach service

NATIONAL KIDNEY FOUNDATION SERVING THE ALLEGHENIES

www.kidney.org

PH:1-412-261-4115

PH: 1-412-566-1545

They fight to save lives by eliminating preventable kidney disease, accelerating innovation for the dignity of the patient experience, and dismantling structural inequities in kidney care, dialysis, and transplantation. Get support through dialysis transportation reimbursements, peer mentors, their help line, and more.

OFFICE OF VOCATIONAL REHABILITATION www.dli.state.pa.us (click on "disability services" under quick links) PH: 1-800-762-4223 or TTY: 1-814-255-5510 Medical, psychological, and audiological diagnostic examinations for individuals with disabilities to verify eligibility for employment services

OPTOMETRY CARES® - The AOA (American Optometric Association Foundation)

InfantSEE PH: 1-314-983-4286 www.infantsee.org infantsee@aoa.org A public health program designed to ensure that eye and vision care becomes an integral part of infant wellness care. AOA Optometrists provide a comprehensive eye and vision assessment for infants within the first year of life regardless of a family's income or access to insurance coverage

***Check with the PA Optometric Association for other possible charitable programs. 717-233-6455

PACE/PACEnet/PACE PLUS Medicare PH: 1-800-225-7223

https://pacecares.magellanhealth.com/PaceEnrollmentWizard.asp

- * Prescription drug program for the elderly; age 65 or older and meet eligibility requirements
 - Aging Services, Inc. will help with application forms PH: 349-4500 or 1-800-442-8016

PENNSYLVANIA ASSOCIATION FOR THE BLIND, INDIANA COUNTY DIVISION, WESTMORELAND COUNTY BLIND ASSOCIATION PH: 397-4054

Casework, education, preschool and adult vision screening

PENNSYLVANIA ELKS HOME SERVICE PROGRAM PH: 545-9150 Provides in-home medical care coordination services, advocacy and referrals to services. Services are provided via in-person home visits or telephonically to persons of any age with developmental disabilities

PhRMA's MEDICINE ASSISTANCE TOOL (MAT) www.medicineassistancetool.org A search engine designed to help patients, caregivers, and health care providers learn more about the resources available through the various biopharmaceutical industry programs.

PRIMARY HEALTH NETWORK/INDIANA DENTAL CENTER (465-6100)/JACKSONVILLE **FAMILY MEDICINE CENTER (726-0300)**

Community Health Center that offers Family Medicine, Dental Hygiene and Dentistry services. Accepts Medicare, Medicaid/CHIP, and most insurances; Sliding fee discount to those who qualify.

rabbittransit / MATP PH: 1-800-524-2766

www.rabbittransit.org/Indiana

● Transportation reimbursements for Medical Assistance participants; bus tickets for medical appointments, or arranges transportation for individuals receiving medical assistance going to medical assistance providers.

SHRINER'S CHILDREN'S PH: 1-814-875-8700 or 1-800-873-KIDS (5437) www.ShrinersErie.org.

* Assists in arranging transportation to the nearest Shriners Children's for kids from birth to age 18 with orthopedic conditions. Transportation FREE for those who qualify. Arrangements must be made in advance.

SICKLE CELL DISEASE ASSOCIATION OF AMERICA PH: 1-800-421-8453 www.sicklecelldisease.org

* Disease screening through member organizations, referral, counseling, free or low cost educational materials

SPINA BIFIDA ASSOCIATION OF WPA

www.shawn.org

- ♣ Summer Camp & Weekend Retreat programs-offering respite and other services
- * Family-School Partnership Program-offering assistance & advocacy to families of children with special needs
- * Adult Community Services-providing support to adults residing in their own homes
- # Educational/Informational program
- **★** Wellness Program

VA MEDICAL CENTER, JAMES E. VAN ZANDT

1-877-626-2500

PH: 934-9600

Acute Care program, Behavioral Health program, Dental Services, Diagnostic Services, Urgent Care Center, Long Term Care program, Pharmacy, Social Services, Specialty Care program, Women's Health program, Health Care for Homeless Veterans (HCHV), Health Care for Homeless Veterans Substance Use Disorder, etc. for Veterans